



News Release

For Immediate Release

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International Collaboration to Bring Lesser Invasive Hip Procedure to Patients

Newport News, Va. (April 12, 2013) – Two world-class surgeons, Dr. John Aldridge, board certified orthopedic surgeon with Hampton Roads Orthopaedics and Sports Medicine and Philip Heaton-Adegbile, II, Ph.D., M.D. from London, England will be working collaborating this week at the Bon Secours Orthopedic Institute. Dr. Heaton will be training with Dr. Aldridge in the Bon Secours Mary Immaculate Surgical Pavilion in Newport News, Virginia to bring the “Jiffy Hip” a state-of-the-art, lesser invasive hip replacement procedure to his colleagues in England.

“The anterior approach for hip replacement, often called Jiffy Hip for the accelerated surgical recovery, is a proven surgical technique that allows surgeons to help patients with osteoarthritis by offering a lesser invasive tissue sparing approach,” said Dr. Aldridge. “I am very pleased that innovations developed in the U.S. can be shared with our colleagues in the U.K.”

About Dr. Aldridge: Dr. Aldridge specializes in minimally invasive muscle sparing spinal surgery and total joint replacement surgery in the Hampton Roads area since 2002. He graduated Phi Beta Kappa from The Johns Hopkins University in Baltimore, Maryland under a full academic scholarship. He received his medical degree from the College of Physicians and Surgeons at Columbia University in New York, New York. He completed his orthopaedic surgery residency and served as Chief Resident during his final year at the perennial US News and World Report Top 10 Orthopaedic Hospital, The New York Orthopaedic Hospital, Columbia University a division of the New York Presbyterian Hospital. While there, he was published in multiple orthopaedic journals and received the award given for orthopaedic excellence to graduating residents.

During his time in practice he continues to bring proven, new and cutting edge techniques for spinal surgery and total joint replacement of the hip, knee, shoulder and elbow to the Hampton Roads Community. He was the first on the Peninsula to perform the Axialiff spinal surgery and the Zimmer Gender Specific Total Knee replacement, both of which were featured in the Daily Press. He has instructed other surgeons nationally for both hip and knee replacements and continues to do so for the Anterior Total Hip Replacement. He is also the lead developer for the instruments used for the anterior total hip replacement technique for one of the major orthopaedic companies. In addition to his many interests in the field of orthopaedics, he also serves as a Lieutenant Colonel in the United States Army Reserves.

About Dr. Heaton-Adgebile, II:

Dr. Heaton is currently pursuing in a lower limb arthroplasty fellowship at the Oswestry Robert Jones and Agnes Hunt National Orthopaedic Hospital. He is a visiting lecturer and post doctorate research associate at the University of Portsmouth, England. Dr. Heaton completed his Ph.D. in Orthopaedics Engineering at the University of Portsmouth and is a graduate of the AFRCs Royal College of Surgeons.

Heaton has extensive training in trauma and orthopaedics, and is currently actively involved in a number of research studies, one of which is assessment of the load transfer and strain distribution across the bone-cement and bone-implant interface in the artificially replaced acetabulum. In addition, Dr. Heaton is extensively published in professional journals that include: Journal of Engineering Failure Analysis, Journal of Biomechanics, Journal of Bone and Joint Surgery, Journal of Clinical Biomechanics and the Journal of Orthopedics.

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About Bon Secours Virginia Health System

Bon Secours Virginia Health System (BSV), the fourth-largest and only faith-based health system in Virginia, is comprised of Bon Secours Richmond and Bon Secours Hampton Roads. BSV includes seven award-winning hospitals: four in Richmond and three in Hampton Roads. Bon Secours brings together a network of hospitals, primary care practices, ambulatory care sites and continuing care facilities to provide quality health care services to thousands of Virginians. The not-for-profit Catholic health system employs nearly 11,000 people. Bon Secours Virginia hospitals offer a full-range of services including cardiac, women's, children's, orthopaedics, oncology, neurosciences, surgery and emergency care.